



Adur County Local Committee

Community Initiative Fund application



CLC Reference: 347/A

Local Councillor: Ann Bridges

Status: Fundraising Stage

Overfunding enabled (refer to 'what we'll deliver' section)

Project Cost: £10,398.00 (as found under crowdfunding goal total)

Project Title: Adapted cycling

About:

CYCALL is fundraising to purchase a Van Raam Velo Plus Wheelchair Transporter Bike. A Wheelchair Transporter Bike allows a wheelchair to be safely secured on a platform at the front of the bike. This means that adults and children with complex health needs can experience the joys of cycling feeling the wind in their hair and the sun on their face. The bike has electric assistance which makes pedaling more comfortable for the 'pilot'. CYCALL runs adapted cycling sessions along the beautiful coastal cycle path from Beach Green, Lancing heading East towards Widewater Lagoon. CYCALL is developing partnerships with local dementia organisations, SEND schools, support groups and residential homes. We also offer CYCALL sessions to individuals.

Project Delivery Manager: CYCALL Ltd CIC

About me:

CYCALL was launched as a Community Interest Company in May 2018. CYCALL provides adapted cycling equipment for disabled adults and children or people with a health issue which prevents them from using a standard bike. CYCALL rides take place along the

beautiful Lancing coastal cycle path. CYCALL is run by volunteers.
Website: <https://asouth4all.co.uk/cycall>

Why we're pitching for a pledge:

I am a wheelchair user and have lived in West Sussex all of my life. I am delighted to be spearheading the CYCALL project.

What we'll deliver:

- Adapted cycling sessions for disabled adults and children

How any extra funds raised from overfunding will be spent:

- Extending our fleet of adapted cycling equipment

Why it's a great idea:

SCOPE cites that 49% of disabled people feel excluded from the general population. CYCALL has two main aims; tackling inactivity in groups of people who encounter barriers to exercise and tackling loneliness by creating opportunities for people to become involved in a meaningful activity. CYCALL is keen to promote inclusive leisure activities where the whole family can be involved. We will also provide a 'buddy' rider for anyone who finds themselves socially isolated due to age, disability or illness such as Dementia. CYCALL rides will be a social event and an opportunity to create meaningful friendships. We are currently recruiting volunteers and are keen to hear from students and young people who would like to act as 'buddy' riders, thus encouraging inter-generational friendships. One participant of an adapted cycling session reflected ..."because of my disability I thought I'd never be able to ride...finding I can is amazing".

Steps to get it done:

- CYCALL rides are beginning on Saturday, June 1st 2019